



μ 400 μ/ /  
1500m 800m  
( μ ) μ  
μ μ

μ 1500m 800m μ 8  
μ μ μ μ μ μ  
μ μ μ μ μ μ μ μ

μ 18:00  
09:00, - μ 18:00.  
09:00, - μ 17:00.

(2 ) μ μμ (4) μ ,

(6) μ 200μ. μ  
μ .

μμ ( 3 μ ), 18 ( 13 ( 2 μ ) ), 15  
( 4 μ )

(!)

1 8 ,2 10 .

( 622/ , 30-1/2018 , 3€  
μμ μ )

μ  
EUROBANK - ( μ ) IBAN:GR 98 0260 2030 0008 5010 1021 910 μ  
μ

) μ μ μ μμ  
) μ μ  
) (Open). μ μ  
μ FINA



**1** -  
30/3/2018 - 18:00 μ.μ.

1.	50m			
2.	50m			
3.	50m			
4.	50m			
5.	400m	.		
6.	400m	.		
7.	800m			
8.	1500m			

**2** -  
31/3/2018 - 9:10 μ.μ.  
09:00

1.	100m			
2.	100m			
3.	200m	.		
4.	200m	.		
5.	100m			
6.	100m			
7.	200m			
8.	200m			
9.	200m			
10.	200m			
11.	400m			3
12.	400m			3

**3** -  
31/3/2018 - 18:00 μ.μ.

1.	50m			
2.	50m			
3.	50m			
4.	50μ			
5.	100m			
6.	100m			
7.	200m	.		
8.	200m	.		
9.	100m			
10.	100m			
11.	200m			
12.	200m			
13.	200m			
14.	200m			
15.	400m			
16.	400m			
17.	4 50m		2	+ 2

**4** -  
1/4/2018 - 9:00 μ.μ.

**5** -  
1/4/2018 - 17:00 μ.μ.

1.	50m			
2.	50m			
3.	50m			
4.	50m			
5.	100m			
6.	100m			
7.	100m			
8.	100m			
9.	200m			
10.	200m			
11.	200m			
12.	200m			
13.				
14.				

1.	1500m			
2.	800m			
3.	50m			
4.	50m			
5.	50m			
6.	50m			
7.	100m			
8.	100m			
9.	100m			
10.	100m			
11.	200m			
12.	200m			
13.	200m			
14.	200m			