





: , μ μ μ  
 μ 9 2018 15:00  
 & –  
 E- mail: [swperif@otenet.gr](mailto:swperif@otenet.gr)

**ΠΛΗΡΟΦΟΡΙΕΣ**

2221088311 e-mail: [akoxalkidas@gmail.com](mailto:akoxalkidas@gmail.com) ( )  
 6937391445

		<u>μμ</u>	
<b>A'</b>	–	<b>14</b>	, <b>17:00</b>
( μ :		μ	15:15 – 16:50)
	1.	50	–
	2.	50	–
	3.	100μ	–
	4.	100μ	–
	5.	200μ	μ –
	6.	200μ	–
	7.	400μ	–
	8.	4 100	Mix (2 2 )
<b>B'</b>	–	<b>15</b>	, <b>16:30</b>
( μ :		μ	15:00 – 16:20)
	1.	50	–
	2.	50μ	–
	3.	100μ	–
	4.	100μ	–
	5.	200μ	–
	6.	200μ	–
	7.	200μ	–
	8.	400	μ –
	9.	4 100	Mix (2 2 )

**A'** - **14** , **09:30**  
( μ : μ 07:40 – 09:15)

1. 50μ - (9-10 -11-12 )
2. 50μ - (9-10-11-12 )
3. 100μ - (10 – 11 – 12 )
4. 200μ - (11-12 )
5. 200μ - (10 - 11-12 )
6. 400μ μ - (12 )
7. 4 50. - 9,10,11&12  
( )

**B'** - **15** , **09:30**  
( μ : μ 07:40 – 09:15)

1. 50μ - ( 9-10-11-12 )
2. 50μ - (9-10-11-12 )
3. 100μ - (9-10-11-12 )
4. 100μ - (10 – 11- 12 )
5. 200μ - (11-12 )
6. 200μ μ - (10-11-12 )
7. 400μ - (11-12 )
8. 4 50μ. . μ - 10,11,12  
( )